

Lifeline Crisis Support Suicide Aftercare Program



The Lifeline Crisis Support Suicide Aftercare Program is aimed at community members. It offers short term crisis support to people in South Western Sydney, who are currently experiencing a crisis in their lives, and who are at a heightened risk of suicide. The service is provided free of charge is an initiative of South Western Sydney PHN.

 **Lifeline**
Saving Lives

Crisis Support. Suicide Prevention.

The program is suitable for people who are:

- Recently discharged from hospital following a suicide attempt
- Assessed as able to benefit from short-term telephone support
- Over 18 years of age
- Clients fitting the above criteria who have limited accessible support and/or resources

The program is not suitable for people who are:

- Likely to need emergency intervention due to heightened suicidal risk
- Experiencing psychiatric symptoms such as psychosis or dissociation which would prevent them from engaging constructively in the program

If you are currently experiencing a crisis in your life and you feel you may benefit from short-term support from a trained Telephone Crisis Supporter, please contact the program Coordinator on the details below. If you are not currently linked in with a health care professional our Telephone Crisis Supporter we will explore options with you and offer referrals to ongoing support.



13 McPherson Rd
Smeaton Grange NSW 2567

Phone: **02 4645 7200**

Email: admin@lifelinemacarthur.org.au

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If life is in danger call 000